

OAKBROOK PREPARATORY VOLLEYBALL SCHEDULE:

JULY



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
4TH OF JULY VACATION – NO VOLLEYBALL				
8	9	10	11	12
WORKOUTS: 9:45 – 11:20 HALF-COURT GYM				
	VOLLEYBALL PRACTICE: HS: 4- 5:30 MS: 5:15 – 6:30		VOLLEYBALL PRACTICE: HS: 4- 5:30 MS: 5:15 – 6:30	
15	16	17	18	19
WORKOUTS: 9:45 – 11:20 HALF-COURT GYM				
	VOLLEYBALL PRACTICE: HS: 4- 5:30 MS: 5:15 – 6:30		VOLLEYBALL PRACTICE: HS: 4- 5:30 MS: 5:15 – 6:30	
22	23	24	25	26
DEAD WEEK – NO VOLLEYBALL				
29	30	31	1	2
	VOLLEYBALL TRYOUTS HS: 3:30 – 4:30 MS: 4:30 – 5:30	HS PRACTICE BEGINS 4:00 – 6:00		